

DEEPHAVEN TRIATHLON REGISTRATION

Mail to or Drop at:

"Triathlon"
 City of Deephaven
 20225 Cottagewood Road
 Deephaven, MN 55331

Please print this registration form and mail or drop off at Deephaven City Hall. Questions may be directed to a Park Committee member. You may also email PaulSkrede@mchsi.com.

Bring your friends; it is going to be a fun event!

| | | | | | |
|-------------|-----|------------|-------|------------|-----|
| First Name: | MI: | Last Name: | Age | shirt size | Sex |
| Street: | | City | State | Zip | |

Select Race to run:

Original Long Course

Entry Fee (Please Check One)

Single (\$15.00*) Elite (\$15.00*) Family (\$35.00*) Volunteer (\$0.00)

If family, list additional family members:

Did you race in 2006?
 Original Long Course

| 2 | First Name: | MI: | Last Name: | Age | sex | Shirt Size | Signature: | 2006 | Original | Long Course |
|---|-------------|-----|------------|-----|-----|------------|------------|------|----------|-------------|
| 3 | First Name: | MI: | Last Name: | Age | sex | Shirt Size | Signature: | 2006 | | |
| 4 | First Name: | MI: | Last Name: | Age | sex | Shirt Size | Signature: | 2006 | | |
| 5 | First Name: | MI: | Last Name: | Age | sex | Shirt Size | Signature: | 2006 | | |

* Entry Fee will increase \$5.00 on August 11th, the day of the Triathlon

PARTICIPATION AGREEMENT

I hereby agree to have my son, daughter or myself participate in the Deephaven Days Triathlon sponsored by the City of Deephaven. I understand that my participation and/or my son's/daughter's participation in this event is completely voluntary and that the event is offered as an optional activity for the benefit of the participants and that I nor my son/daughter are required to participate in this event.

LIABILITY FOR ACCIDENTS

I agree that all activities undertaken by myself, my son or daughter as part of the Triathlon are undertaken at our sole risk and that the City of Deephaven shall not be liable for any claim, demands, injuries, damages, actions, or causes of action whatsoever to me or to my son/daughter or to our property due to the passive or active negligence of the City of Deephaven, its servants, agents, or employees arising out of or connected with my participation or my son's/daughter's participation in this event and that on behalf of myself and my son/daughter, I expressly forever release and discharge the City of Deephaven, its servants, agents, or employees, from all such claims, demands, injuries, damages, actions, or causes of action whatsoever.

| | |
|----------------------------|-------|
| Signature: | Date: |
| Parent/Guardian Signature: | Date: |

Person to contact in case of an emergency:

| | |
|-------|----------|
| Name: | Phone #: |
| Name: | Phone #: |

Race Instructions:

The race starts at 10:00. If you are a first time triathlon racer, we suggest you bring the following gear: **Swim suit, towel, dry socks, dry shoes, T-shirt, bike and bike helmet.**

The race starts at Deephaven Beach and ends at Thorpe Park. If you drive we suggest that you park your car between the park and the beach and ride your bike down to the city beach. Please plan to get to the city beach with all your gear before 9:30, so you can check in, pick up your race number, get your bike set, and listen to pre-race instructions. If you plan to register on race day please arrive by 9:00.