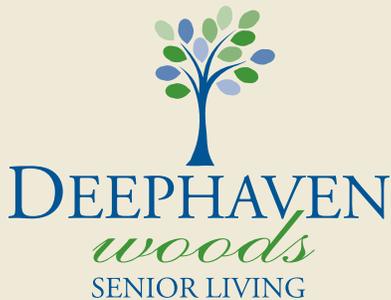


PLEASE JOIN US FOR A  
**Wellness  
Fair**



**Deephaven Woods**  
18025 Minnetonka Blvd.  
Deephaven, MN 55391  
952-288-2187  
deephavenwoods.com

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**LEARN HOW YOU CAN BECOME THE BEST YOU POSSIBLE!**

Deephaven Woods Senior Living is hosting a wellness fair with a variety of health experts who can provide resource information, demonstrations and screenings on health practices related to blood pressure, fitness, massage, healthy eating, CBD oil benefits, music therapy, caregiving tips and more!

**WEDNESDAY, MARCH 11, 2020**

1:30 - 4:00 P.M.

**PRESENTATIONS:**

**Benefits of Acupuncture** | 2:00 - 2:30 P.M.

Dr. Barbara Brost, D.C., **The Brost Clinic**

**Gideon Comfort Dog** | 2:30-3:00 P.M.

Gideon has responded to national disasters to provide therapeutic comfort to those suffering from trauma.

**Eating for anti-inflammatory effects to relieve symptoms** | 3:00-3:30 P.M.

Bobbie Horner, R.D., **The Marsh**

**Benefits of Essential Oils in Your Health Care Goals** | 3:30-4:00 P.M.

Sandra McGurran, MSW, **Fairview Home Care and Hospice**

**RSVP by March 2 to Kelly Clarno**

952-746-8562 or khardyc1@fairview.org

 **EBENEZER**